

2006
Resource Guide to
Alcohol, Drug Abuse,
and
Other Health Services
in Monmouth County



Shrewsbury Municipal Building
419 Sycamore Avenue
Shrewsbury, NJ 07702
732-741-4200 x106

The Alliance is proudly composed of the following groups who work together to promote ways to keep Shrewsbury a healthy and safe community:

Shrewsbury Borough Town Council
Shrewsbury Borough Police Department
Shrewsbury Borough School -
BOE, Administration, Parent/Teacher Group
The Source, Red Bank Regional High School
Community/Business Leaders and Residents

Sponsored By:



**We all need help sometimes...
asking for help is the hardest part.
Take the first step...**

Alcohol and Drug Abuse Services

Information, Self Help, Referral

Addictions Hotline of New Jersey

1-800-238-2333

www.njdrughotline.org

Alcoholics Anonymous

1-800-245-1377

www.alcoholics-anonymous.org

Alcohol Abuse-NCADD

1-609-689-0599

www.ncadd.org

Al-Anon/Alateen

1-973-744-8686

www.nj-al-anon.org

Monmouth County Division of Alcohol and Drug Abuse Services

1-732-431-6451

Narcotics Anonymous

1-800-992-0401

www.nanj.org

Nar-Anon of NJ

1-800-484-7385 x4257

www.naranonofnj.org

NJ Quitline-Nicotine Addiction

1-866-657-8677

www.nj.quitnet.com

Prevention First

1-732-663-1800

Substance Abuse Treatment

Facility Locator

[www.theagapecenter.com/treatment-centers/
new-jersey.htm](http://www.theagapecenter.com/treatment-centers/new-jersey.htm)

Outpatient Treatment

180 Turning Lives Around, Hazlet

1-732-264-4111

www.180nj.org

CPC Behavioral Healthcare, Red Bank

1-732-842-2000 x4221

www.cpcbehavioral.org

Discovery Institute, Marlboro

1-732-946-9444

www.discoverynj.org

JSAS Health Care, Asbury Park

1-732-988-8877

www.jsashc.org

Jersey Shore Medical Center, Neptune *Addiction Recovery Services*

1-732-643-4363

www.meridianhealth.com

New Hope Foundation, Freehold

1-732-308-0113

www.newhopefoundation.org

**Project Free (Catholic Charities),
Asbury Park**
1-732-897-7701
www.catholiccharitiestrenton.org

**Riverview Behavioral Health Center,
Red Bank**
1-732-450-2900
www.meridianhealth.com

Inpatient Treatment

Detox/Short Term (28 days or less):
New Hope Foundation, Marlboro
1-732-946-3030
www.newhopefoundation.org

Long Term (more than 28 days):
Discovery Institute, Marlboro
1-732-946-9444
www.discoverynj.org

Mental Health

24/7-Emergency Helplines:

- **Monmouth Medical Center**
1-732-923-6999
- **Jersey Shore Medical Center**
1-732-776-4555
- **Riverview Medical Center**
1-732-219-5325

CPC Behavioral Healthcare
1-732-842-2000
www.cpcbehavioral.org

NJ Center for the Healing Arts
1-732-747-2944
www.njcha.org

Abuse/Neglect/Domestic Violence

180 Turning Lives Around
1-732-264-4111
www.180nj.org

Domestic Violence-Hotline
1-888-843-9262

Sexual Assault-Hotline
1-888-264-RAPE

DYFS-Child Abuse
24 hr. 1-800-792-8610
www.state.nj.us/humanservices/dyfs

Parents Anonymous
24 hr. Stress Line 1-800-843-5437
www.pa-of-nj.org

Runaway/Homeless

Covenant House - 9 line
Youth Crisis/Runaway Hotline
1-800-999-9999

Ocean's Harbor House
1-732-929-0660
www.oceansharborhouse.org

Health Services

General - All Ages

2-1-1 United Way Hotline 24 hr./7 day
Any Question, Anytime 2-1-1

Eating Disorders Assoc. Of NJ
1-800-522-2230

NJ AIDS/ STD Hotline
1-800-624-2377

Planned Parenthood, Shrewsbury
1-732-842-9300
www.ppcnj.org

Poison Control Hotline
1-800-222-1222

Seniors

Alzheimer's Association, NJ Chapter
1-800-883-1180
www.alz.org

Elder Life Management, Inc.
1-732-493-8080

Monmouth County Office on Aging
1-732-431-7450
Hotline 1-877-222-3737
www.visitmonmouth.com/aging/

Visiting Nurse Association of Central NJ 1-732-747-1204
www.vnacj.org

NJ Dept. Of Health & Senior Services
Report Abuse/Neglect in Asst. Living/Long Term Care Facilities
24hr. Hotline 1-877-582-6995

Red Bank Senior Center
1-732-747-5204

Youth

2nd Floor Youth Helpline
1-888-222-2228

The Source at Red Bank Regional HS
Confidential Counseling for All RBR Students and Families
1-732-842-8000 x 236

Gambling

Gamblers Anonymous
1-877-994-2465

Council on Compulsive Gambling of NJ-Helpline
1-800-Gambler
www.800gambler.org

Guide compiled using the following sources:
Prevention First- Family Resource Guide
Monmouth County Division of Alcohol and Drug Abuse Services
United Way Human Services Directory for Monmouth County
United Way- Where to Turn for Seniors booklet
United Way- Where to Turn for Teens booklet

Important Hot Lines (24/7)

Police & Medical Emergencies 911
Shrewsbury Police Non-Emergencies
1-732-741-2500

Addictions Hotline
1-800-238-2333

2nd Floor Youth Helpline
1-888-222-2228

2-1-1 United Way 24 hr./7 day
Any Question, Any Time 2-1-1

Domestic Violence Hotline
1-888-843-9262

Mental Health Crisis Hotline
1-732-923-6999

Poison Control
1-800-222-1222

Sexual Assault Hotline
1-888-264-RAPE

Statistics show the more time you spend with your children, the less likely they will use alcohol, drugs, or nicotine.

Put family on the top of your to do list:

- Talk with your child
- Teach kids to choose friends wisely
- Get involved
- Monitor your child's activities
- Set rules
- Be a role model